

# Full Circle Farm Lesson Program Curriculum

## Initial Private Lesson/Assessment

- Will learn correct basic horsemanship skills. Example: Safely and correctly halter and lead the horse, how to maneuver the horse from the ground, and how to properly act around the horse.
- Will learn how to properly groom and tack up the horse.
- Will learn how to balance on the horse by performing exercises while stationary. Example: Arm circles, correct breathing, toe touches, lay back and sit ups, and more.
- The rider will ride bareback while on a lunge line with the instructor controlling the horse
- The rider will learn how to control the horse and balance while not holding on to the reins, bareback pad, or any straps

## To Pass into Group Lessons

- The rider is able to halter and lead the horse from the pasture to the barn with minimal help.
- The rider can confidently and comfortably groom and tack up the horse with minimal help.
- The rider can get the horse to trot, not hold on, and show that they can keep their hands still while riding bareback on the lunge line.

## Group Lessons:

### Bronze Level (earning a saddle and to canter):

- The rider is able to maintain the horse at the trot for two entire laps of the arena staying in the trot and staying in control of the horse.
- The rider is able to post and understands what diagonals are. They can correct an incorrect diagonal without being told.
- The rider is able to drop and pick up both stirrups while maintaining a posting trot.
- The rider can perform basic maneuvers such as a circle, walk/halt transitions, walk/trot transitions, trot/halt transitions, back up, etc.

### Silver Level (earning to jump and unlock the choice to have two lessons):

- Can groom and tack up on their own, with no assistance.
- The rider is able to pick up the canter from the walk and trot.
- The rider understands correct leads in the canter. They can correct an incorrect lead without being told.
- The rider can perform intermediate maneuvers such as serpentines, small and large circles at all three gaits, etc.
- The rider is able to hold the two point position while stationary and in motion at all three gaits.

- The rider is able to perform exercises going in and out of two point position for short and long periods of time.

**Gold Level (earning to attend horse shows and unlocks the ability to lease) :**

- The rider is able to ride through a basic dressage test from memory
- The rider is able to ride through a basic jump course (about 5 jumps) from memory